Dr. ANIL K. RATHI

MD (Medicine), DM (Cardiology)
FESC, FCSI, FACC, FSCAI (U.S.A.)
Senior Consultant Interventional Cardiologist

Regn. No. 2382
Mob. : 9837056778
E-mail : dranilrathi@gmail.com

AADYA HEART CLINIC & ULTRASOUND CENTRE
35/1, E.C. ROAD, (RAWAL NURSING HOME)
DEHRADUN-248 001 (U.K.)
OPD Timing :

Name Mrs. ~~D. Devi~~ Manju Singh. (D. Devi)

Age / Sex 60y. / F (Shastri Nagar D.dun) Dated 29 AUG 2022

Facilities :

- ECG
- TMT
- Echocardiography
- Stress Echo
- Holter Monitoring
- Coronary Angiography
- Coronary Angioplasty
- Permanent Pacemaker Implantation

FOR APPOINTMENT CONTACT :
Mob.: 7668223702
Ph.: 0135-2653430
Between 9:00 AM to 5:00 PM

~~Mrs.~~ K/c HTN
APD
Hypothyroidism
↓ Sleep

C/o Chest pain
epigastric burning

BP = 110/80

adv
TMT
NC

Rx. Clopilas C4 (10) — रात
Trolmizest (40) — सुबह
Elthoxin (25 + 12.5) — खाली पेट
Cap Rabikind DSR — सुबह खाली पेट

Sd/-

This prescription is valid for 7 days only

SUNDAY CLOSED

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35/1, E.C. ROAD, (RAWAL NURSING HOME)
DEHRADUN-248 001 (U.K.)
OPD Timing: 10AM To 2:00 PM
6PM To 8:00 PM

Name Mrs. D. Devi [9758045176]

Age/Sex 61 year/ Female [Shastari Nagar D. Dun] Dated 6/11/2023

Facilities :

- ECG
- TMT
- Echocardiography
- Stress Echo
- Holter Monitoring
- Coronary Angiography
- Coronary Angioplasty
- Permanent Pacemaker Implantation

RHC
HTN
AHD
Hypothyroidism
↓ Sleep

C/o Acidity
Pain in left arm. BP = 130/80

ECG :- ↑ inversion in precordial leads

Bl. Sugar (F)
Uric Acid (R)

No fresh Chest

. Clopidogrel CH (10) — 2 tab
. Telmisartan (20) — ½ tab
. Thyronorm (37.5) — ½ tab (alternate day)
. ? Razo D 0 ——— 0
. Betaloc 2 ——— ½ tab
. ? Cinnarizine (10) — 2 tab

FOR APPOINTMENT CONTACT:
Mob. : 7668223702
Ph. : 0135 - 2653430
Open 9:00 AM to 7:00 PM

This prescription is valid for 7 days only

SATURDAY EVENING & SUNDAY CLOSED

AADYA HEART CLINIC & ULTRASOUND CENTRE

35/1, E. C. ROAD, (RAWAL NURSING HOME) DEHRA DUN-248 001
CLINIC : 0135-2653430, E-MAIL : dranilrathi@gmail.com

ECHOCARDIOGRAPHY & COLOR DOPPLER REPORT

NAME: MRS.MANJU SINGH AGE/SEX: 58Y/F

REF. BY: DR.ANIL K.RATHI
MD, DM, FESC, FCSI, FACC, FSCAI

DATE: 15-Jun-21

OBSERVATION BY M- MODE & 2D ECHOCARDIOGRAPHY

LEFT VENTRICLE(M)

LVDd	:	4.9 cm
LVDs	:	2.8 cm
LV Vol. d	:	120.5 ml
LV Vol. S	:	56.6 ml
Stroke Vol.	:	68.6 ml
Ejection Fraction	:	62.0 %
Fractioning Shortening	:	31.3 %

Ao/LA(M)

Ao Root Dia	:	2.4 cm
AoV Cusp Sep	:	1.4 cm
La Dia	:	2.8 cm
La/Ao	:	1.14

Mitral Valve(M)

D-E Excursion	:	2.2 cm
D-E Slope	:	28.5cm/s
E-F Slope	:	15.0cm/s
EPSS	:	0.5 cm

Mitral Valve Inflow

Peak E	:	78.3 cm/s
Peak A	:	52.4 cm/s
Ratio E/A	:	1.49
Peak Gradient	:	2.4mmHg

LVOT Doppler

Peak Velocity	:	86.5 cm/s
Peak Gradient	:	3.0 mmHg

(MRS.MANJU SINGH)

MITRAL VALVE	: Normal
AORTIC VALVE	: Normal
TRICUSPID VALVE	: Normal
PULMONARY VALVE	: Normal
Cardiac Chambers	: Normal sized RV/ LV
Pericardium	: No pericardial effusion

2 D STUDY OF WALL MOTION

Right Ventricle	: Normal
Left Ventricle	: No regional wall motion abnormality

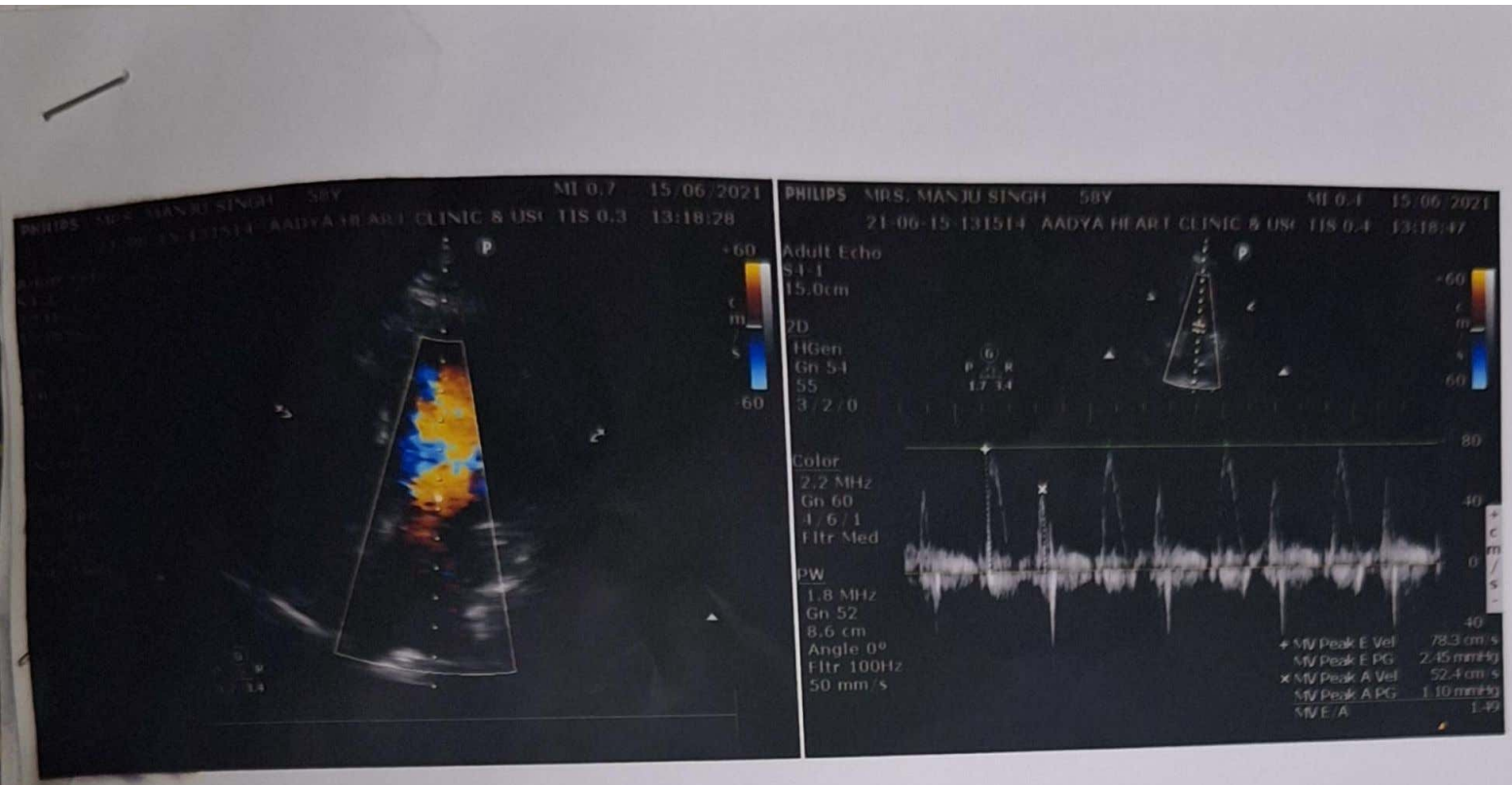
COLOUR FLOW MAPPING

- No Regurgitant Lesion
- No Intracardiac shunt

IMPRESSION:

NORMAL SIZED CHAMBERS
NORMAL LV SYSTOLIC FUNCTION (LVEF 62 %)
NO REGIONAL WALL MOTION ABNORMALITY
NO REGURGITANT LESION
NO CLOT/ PERICARDIAL EFFUSION

(DR ANIL K RATHI)
MD, DM, FESC, FCSI, FACC, FSCAI
CONSULTANT INTERVENTIONAL CARDIOLOGIST



LV Vol. d	:	120.5 ml
LV Vol. S	:	56.6 ml
Stroke Vol.	:	68.6 ml

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Email : dehradun@kailashhospital.com Website : www.kailashhospital.com

M-12

Specialist OPD Card

UHID: 67172
Patient Name: MANJU SINGH
AGE/SEX: 61-2 / Female
COMPANY: S.G.H.S. (GOLDEN CARD)
Consultant: Dr.DIVYA GOSWAMI (MD, DNB)
GYNAE OBST (Regn.No.: UKMC-524)

GYNAE OPD

Reg. Date: 14/08/2024 11:58
Bill No.: OPD/D/24/33447
Room No.:-
Appointment No.: 12

OPD	Timings	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Normal	Morning	9:00AM - 1:30PM	9:00AM - 1:30PM	9:00AM - 1:30PM	9:00AM - 1:30PM	9:00AM - 1:30PM	9:00AM - 1:30PM	-
	Evening	5:00pm - 7:00pm	5:00pm - 7:00pm	5:00pm - 7:00pm	5:00pm - 7:00pm	5:00pm - 7:00pm	5:00pm - 7:00pm	-

History :

Past

P3 h

Family

Presenting Complaint:

Ph
Conjunctivitis

Systemic Examination:

CVS:

CNS:

RESP:

P/A:

Local Examination:

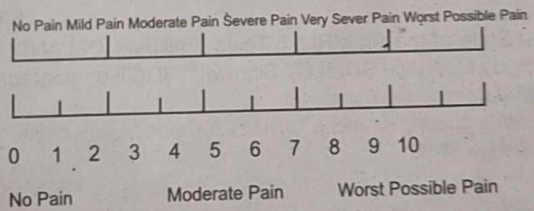
Ph
at chpl

General Examination :

Height .....cms
Weight 60.7 kg kgs
Temp 97 beech *F
Pulse ..... /min
~~R/R~~ 02 98 /- /min
BP 100/60 mm of Hg
Drug Allergy if any.....
Previous Drug Adverse Drugs Reaction
Yes/No if yes _____

Nutritional Assessment - Obese/ Normal / Malnourised

Pain: Pain Visual Analog Scale



Investigations :

Provisional / Differential Diagnosis:

Dr Eltroxin 25mcg once daily
Dr antihypertensive

कृपया अपना चिकित्सा पत्र संचित करायें यह अभिलेख में सहायक होगा।
Please get your prescription scanned. This will serve as record.

Treatment Advised:

- Cap Purifica ONCO DAILY x 1 month

- PURIFICA GEL LOCAL APPLICATION

Rx to ~~ACD~~ Dermatologist

Next Follow-up: ..... **Doctor's Signature :** .....

***"Prevention is better than Cure"* - Get your health check-up today**

FACILITIES:

- Ultrafast State-of-the-Art MRI 1.5 Tesla (Philips) HOLLAND.
- Whole Body Multislice Spiral CT Scan with 3DCT-angiography (Toshiba-Japan).
- Ultrasound including small parts, TVS & Color Doppler with multiprobe facility.
- 800 mA X-ray with IITV (Fluoroscopy) (Siemens) GERMANY.
- Most modern Catheterisation Laboratory (first in India) from Philips, Netherland with facilities of Angiography, Electro-Physiology, Angioplasty, Beating Heart Surgery, By-pass Surgery, etc.
- State-of-art Fully computerized Laboratory with auto Analyzers open 24 hrs 365 days a year.
- Advanced Dental Care Unit, Physiotherapy Deptt, Gynae & Obst. wing
- O.P.G.
- Imaging Guided Interventional Procedures
- Plain & Contrast Radiography
- C-Arm imaging
- Major zero-bacteria operation theatres.
- Dialysis Facility.
- Most modern I.C.U./N.I.C.U./P.I.C.U. & C.C.U.
- Mobile I.C.U. Ambulances with wireless network.
- Blood Bank

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Fax: 01494 - 222 088 Helpline : 09351161611

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Khurja, Distt. Bulandshahr, U.P.-203131
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Upcoming Hospital: East Delhi

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266 22 33 **Mobile:** 999 999 8808
Email : dehradun@kailashhospital.com Website : www.kailashhospital.com

PATIENT SAFETY & QUALITY OF CARE NABH PRE ACCREDITED

E-5

Specialist OPD Card

UHID:	67172	Reg. Date:	28/03/2022 17:48
Patient Name:	MANJU SINGH	Bill No.:	OPD/D/21/69989
AGE/SEX:	58-9 / Female	Room No.:-	
Consultant:	Dr.DIVYA GOSWAMI (MD, DNB) GYNAE OBST (Regn.No.: UKMC-524)	Appointment No.:	5

OPD	Timings	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Normal	Morning	9:00AM - 1:30PM	9:00AM - 1:30PM	9:00AM - 1:30PM	9:00AM - 1:30PM	9:00AM - 1:30PM	9:00AM - 1:30PM	-
	Evening	5:00PM - 8:00PM	5:00PM - 8:00PM	5:00PM - 8:00PM	5:00PM - 8:00PM	5:00PM - 8:00PM	5:00PM - 8:00PM	-

B.P - 130/70
wt - 63kg

K/c/o - On Eltroxin 25μg OD
- Antihypertensive.

[Urine culture sensitivity]

Adv Colposcopy ...

... smell

कृपया अपना चिकित्सा पत्र सचित कराये यह अभिलेख में सहायक होगा।
Please get your prescription scanned. This will serve as record.

℞

- Tab Estro- G 100mg BD x 3 month

- Tab unipas 1-0-1 x 5 days.

Dr.

"Prevention is better than Cure" - Get your health check-up today

FACILITIES:

- Ultrafast State-of-the-Art MRI 1.5 Tesla (Philips) HOLLAND.
- Whole Body Multislic Spiral CT Scan with 3DCT -angiography (Toshiba-Japan)
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- Open 24 hrs 365 days a year.
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- O.P.G.
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- Plain & Contrast Radiography.
- C-Arm imaging
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Tel.: 05738-273333

9675979957

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Email : dehradun@kailashhospital.com **Website :** www.kailashhospital.com

E-3

Specialist OPD Card

UHID: 67172 | Reg. Date: 21/07/2021 17:34
Patient Name: MANJU SINGH | Bill No.: OPD/D/21/22412
AGE/SEX: 58-1 / Female
Room No.:-
Consultant: Dr.DIVYA GOSWAMI (MD, DNB) | Appointment No.: 3
GYNAE OBST (Regn.No.: UKMC-524)

OPD	Timings	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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	Evening	5:00PM - 8:00PM	5:00PM - 8:00PM	5:00PM - 8:00PM	5:00PM - 8:00PM	5:00PM - 8:00PM	5:00PM - 8:00PM	-

P_3L_3 NVD - On Eltroxin 25μg OD
- Antihypertensive (Telma 20)

C/o pain in abd...

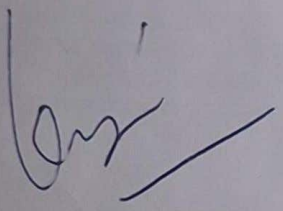
L/E
Senile VVC (+)

P/S cx atrophic

P/V cx atrophic

कृपया अपना चिकित्सा पत्र संचित करायें यह अभिलेख में सहायक होगा
Please get your prescription scanned. This will serve as record.

- Tab Ecosprin G 150 mg OD x 1 month
- Evalon creame Local application
- Tab Albendazole 400 mg OD x 3 days.



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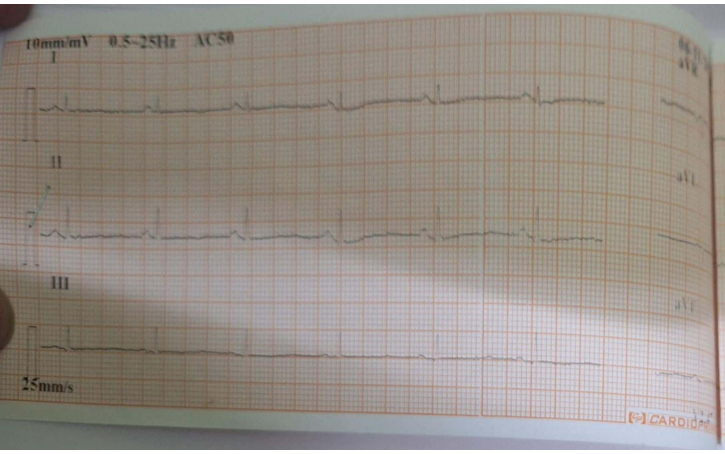

ID : 231106-1331
Name :
Age : 61 yr
Sex : Female
BP : mmHg
Height : cm
Weight : kg

HR : 72 bpm
P Dur : 85 ms
PR int : 128 ms
QRS Dur : 98 ms
QT/QTC int : 417/457 ms
P/QRS/T axis : 50/79/66 °
RV5/SV1 amp : 2.75/0.475 mV
RV5/SV1 amp : 1.46m mV
RV6/SV2 amp : 0.93m/0.675 mV

Minnesota Code:
8.2.1(V3,V4,V5,V6)

Diagnosis Information:
---: Sinus Rhythm
625: Inverted T Waves(V3,V4,V5,V6)

Report Confirmed by:

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Email : dehradun@kailashhospital.com **Website :** www.kailashhospital.com
Regd. Office : A-101, New Ashok Nagar, Delhi - 110096 | **CIN:** U74899DL1993PLC054864

Specialist OPD Card

M-9

UHID :	67172	**Reg. Date :**	14-Aug-2024
Patient Name :	MANJU SINGH	**Bill No :**	OPD/D/24/33451
Gender & Age :	Female 61	**Contact No :**	9719965766
Company :		**Room No :**	0
Consultant :	Dr.HIMANSHU ARORA SR. CONSULTANT - OPHTHALMOLOGY	**Appointment No :**	9

Timings :	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning :	(10:00AM - 6:00PM)	(10:00AM - 6:00PM)	(10:00AM - 6:00PM)	(10:00AM - 6:00PM)	(10:00AM - 6:00PM)	(10:00AM - 6:00PM)	-
Evening :	-	-	-	-	-	-	-

Chief Complaint

Difficulty in far & near vision with old glasses - 5 Months Both Eyes

Associated Systemic Disease

Hypertension - 15 Years
On Thyroid Medication - 14 Years

Ocular History

Last eye checkup at lenskart store - Both Eyes 5-Years

Visual Acuity

Right Eye				Left Eye			
Unaided	Aided	PH	Near Vn	Unaided	Aided	PH	Near Vn
6/12 P	6/9 P	6/6	N-8	6/24	6/12 P	6/6	N-12

POG

	Right Eye				Left Eye			
Lens Types	Sph.	Cyl.	Axis	Add	Sph.	Cyl.	Axis	Add
Progressive	+0.00	+0.75	10	+2.75	+0.00	+0.50	10	+2.75

Remark : POG 5 years old

AR Reading

	Right Eye				Left Eye			
Undilated	Sph.	Cyl.	Axis	Add	Sph.	Cyl.	Axis	Add
	+ 0.50	+ 1.00	170		+ 0.50	+ 0.25	165	

Remark : NCT BE 18

Glass Prescription

	Right Eye				Left Eye			
	Sph.	Cyl.	Axis	Vn	Sph.	Cyl.	Axis	Vn
Distance	+0.50	+1.00	170	6/6	+1.25	+0.00	0	6/6
Near Add	+2.50			N-6	+2.50			N-6

Remark : BE change of bifocal glasses

Finding

RIGHT EYE : Anterior Segment - Normal,Undilated fundus with 90D lens - Normal,

LEFT EYE :Anterior Segment - Normal,Undilated fundus with 90D lens - Normal,

Follow Up : After 1 Year routine evaluation or as need be

Dr.HIMANSHU ARORA
MBBS, D.O., D.N.B,
Consultant Ophthalmologist
Phaco-Cataract & Glaucoma Surgeon
Ph.: 9176 206 141, Reg. No. UKMC-7532

SINGH EYE HOSPITAL & MOTHER CARE CENTRE

ADDRESS: 230 , MODEL COLONY ARAGHAR DR. R.N SINGH LANE
HARIDWAR ROAD,DEHRADUN (U.K)
TEL:-0135-2672863, 0135-2974341 , 7579070376, 8755986666

49812 : MRS. DHARAMWATI DEVI (61y, Female) - 9719965766
Date & Time : 20-Sep-2024 02:01 PM
Address : 35 SHASHTRI NAGAR, DEHRADUN W/O MR. D.P SINGH

BP 110/70 mmHg | **Pulse** 78 bpm | **Weight** 60 kg | **SPO2** 98 %

Obstetrical History: P3A1
P1- 40 YEAR FEMALE FTNVD AT GOVNT HOSPITAL
P2-37 YEAR FEMALE FTNVD AT PRIVATE HOSPITAL
P3- 32 YEAR MALE FTNVD AT PRIVATE HOSPITAL
A1-2 MONTH PREGNANCY, MTP, D&c DONE AT PRIVATE HOSPITAL 40 YEAR BACK

Quick Notes: NOT TRAVLED
BOTH DOSES OF COVID DONE
NO PAST SURGERY
TAKING THYROXIN 75 MCG SINCE 3-4 YEARS AND TRIAMAGEST 20 MCG SINCE 10 YEARS

Complaints: ACIDITY , BURNING URINATION , URGE TO URINATE , GASTRITIS , GASTRITIS ON AND OFF , PAIN IN VAGINAL AREA

General Examination: P/S ATROPHIC VAGINITIS
P/V UT R/V NS FIRM FXS FREE

Diagnosis: UTI & PID

℞

	Medicine	Dosage	Timing - Freq. - Duration
1)	TAB. NEXPRO 20MG Composition : Esomeprazole 20 MG Timing : 1 (tab) Before dinner	0 — 0 — 1	Before Food - Daily - 10 Days
2)	SAC. CITROSODA POUCH Composition : Citric Acid 17.88 % + Sodium bicarbonate 44.03 % + Sodium citrate 15.75 % + Tartaric acid 22.25 % Timing : 1 After breakfast, 1 After dinner	1 — 0 — 1	After Food - Daily - 1 Week
3)	TAB. NORFLOX 400MG Composition : Norfloxacin 400 MG Timing : 1 (tab) After breakfast, 1 (tab) After dinner Notes : ORALLY//	1 — 0 — 1	After Food - Daily - 3 Days
4)	CAP. RINIFOL Composition : Biotin 100 MCG + Cyanocobalamin 10 MCG + Elemental zinc 15 MG + Folic acid 1500 MCG... Timing : 1 (cap) After lunch Notes : ORALLY	0 — 1 — 0	After Food - Daily - 3 Days
5)	OIN. F HEAL Composition : 2-Phenoxyethanol 1 GM + Triticum Vulgare Oil 15 GM Timing : 1 After breakfast, 1 After dinner Notes : LOCAL APPLICATION	1 — 0 — 1	After Food - Daily - 1 Week

Advice: FOLLOW UP WITH REPORTS.
DOWNLOAD HEALTH PLIX APP FOR .
APPOINTMENTS LINK : https://tinyurl.com/healthplixapp
FOR MORE DETAIL CALL 8755986666.
DOCTOR CODE FOR DR MANISHA SINGH HPLX86666
FOR ANY EMERGENCY OR QUERY CONTACT ON 8755986666
SECOND OPINION AT HIGHER CENTRE CAN BE OPTED IF PATIENT NOT SATISFIED WITH TREATMENT ADVISED

Next Visit :23-Sep-2024 - Monday
Test prescribed - Urine R/M/E C/S

Menstrual Info: Notes: MENOPAUSE- 15 YEARS BACK

*MORNING OPD-FEES APPLICABLE FOR 3 DAYS
EVENING OPD-DAILY FEES APPLICABLE

Mother Care Centre
For appointment call
0135-2974341

For All Gynae Appointments/Problems
Call on 24 Hrs. Helpline Number
or Whatsapp 8755986666

Dr. Manisha Singh
M.B.B.S, M.D.

Kailash
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Email : dehradun@kailashhospital.com Website : www.kailashhospital.com
Regd. Office : A-101, New Ashok Nagar, Delhi - 110096 | CIN: U74899DL1993PLC054864

Specialist OPD Card

M-10

UHID :	45051	**Reg. Date :**	14-Aug-2024
Patient Name :	DHARAM PAL SINGH	**Bill No :**	OPD/D/24/33453
Gender & Age :	Male 71	**Contact No :**	9719965766
Company :	General	**Room No :**	0
Consultant :	**Dr.HIMANSHU ARORA** SR. CONSULTANT - OPHTHALMOLOGY	**Appointment No :**	10

Timings :	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning :	(10:00AM - 6:00PM)	(10:00AM - 6:00PM)	(10:00AM - 6:00PM)	(10:00AM - 6:00PM)	(10:00AM - 6:00PM)	(10:00AM - 6:00PM)	-
Evening :	-	-	-	-	-	-	-

Chief Complaint

routine eyes checkup - Both Eyes

Associated Systemic Disease

hypertension - 2 Years

Ocular History

Last eye checkup - Both Eyes 3-Days

Visual Acuity

Right Eye				Left Eye			
Unaided	Aided	PH	Near Vn	Unaided	Aided	PH	Near Vn
6/9		6/9		6/6 P		6/6	

POG

	Right Eye				Left Eye			
Lens Types	Sph.	Cyl.	Axis	Add	Sph.	Cyl.	Axis	Add
Unifocal for near only	+0.00	+0.00	0	+2.75	-0.00	-0.00	0	+2.75

Remark : pgp 3 days old

AR Reading

	Right Eye				Left Eye			
Undilated	Sph.	Cyl.	Axis	Add	Sph.	Cyl.	Axis	Add
	+ 0.50	+ 1.00	80		+ 0.50	+ 0.00	0	

Remark : NCT RE 19 LE 20

Glass Prescription

	Right Eye				Left Eye			
	Sph.	Cyl.	Axis	Vn	Sph.	Cyl.	Axis	Vn
Distance	-No Acc.	-0.00	0	6/9	+0.50	+0.00	0	6/6
Near Add	+2.50			N-8	+2.50			N-6

Remark : same rx

Finding

RIGHT EYE : Dilated fundus on 90 D - Normal,Lens(dilated) - gr 1 ns,

LEFT EYE :Dilated fundus on 90 D - Normal,Lens(dilated) - gr 1ns,

Rx

1 PPG MISt (POLYETHYLENE GLYCOL 400 AND PROPYLENE GL) - One Drop Three Times Daily for 6 Months - Both Eyes

Follow Up : After 6 Months Review for refraction, dilated evaluation

Dr. Himanshu Arora
MBBS, D.O., D.N.B.
Consultant Ophthalmologist
Phaco-Cataract & Glaucoma Surgeon
Ph.: 9176 206 141, Reg. No. UKMC-7532