

Skin Care Clinic



DR. J.S. BIST

MD (Skin & VD)

Ex prof and head (Indresh hospital)

Consultant Dermatologist & Cosmetologist

Name

Mr. Sanku Lami

Age/Sex

72y/1-

Date

6/5/24

*10 Prof Dissection on
Stasis dermoflu c sec
dissection*

Facilities Available

Hydrfacial

Hair Transplant

Platlet Rich Plasma Therapy

Laser Hair Removal

Derma roller

(वेहरे गड्ढों का ईलाज)

Electro / Radio / Cryo Surgery

(विभिन्न प्रकार के मस्सो, दागों का ईलाज)

Cosmetic Surgery

(सफेद दागों की सर्जरी)

(Non Culture Melanocyte Transfer)

Chemical Peeling

(वेहरे की झाँझियाँ, ओंखों के नीचे कालापन)

Biopsy

(छात के टुकड़े के जांच)

Allergy Clinic

(विभिन्न प्रकार को एलर्जी के लिए)

Sex Clinic

(यौन रोगों के लिए)

Hair Clinic

(बालों का टूटना, झड़ना, सफेद होना,
रूसी, कुरा आदि के लिए)

Nail Clinic

(नाखूनों का टूटना, जराब होना, सफेद
होना आदि के लिए)

to - lab

Veronch

100 x 15

- lab

*Refent (12m) 100 x 15
100 x 15*

- lab

Belasun (40u) 100 x 30

- lab

Vozet - m talu x 30

KB

*Penicillin
sulfat*

*100 x 15
15/5/15/5*

- lab

*100 x 15
15/5/15/5*

- lab

*100 x 15
100 x 15*

On Panel: C.G.H.S.

Prescription Valid for 7 Days

Morning Clinic

Address: Lane No. 5, Shastri Nagar

Haridwar Road, Dehradun

Mobile: +91-7830 003 332 / 6396 307 454

Timing: 10 am To 2 pm

Clinic will Closed on Second & Fourth Thursday & Every Sunday

Evening Clinic

Address: 5 New Road (MKP) Opposite Jain Medicos

Near Doon Hospital, Dehradun

Mobile: +91-7830 003 332 / 6396 307 454

Timing: 6 pm To 8 pm

Clinic will Closed on Second & Fourth Thursday & Every Sunday

Skin Care Clinic



DR. J.S. BIST

MD (Skin & VD)

Ex prof and head (Indresh hospital)

Consultant Dermatologist & Cosmetologist

Name Mr. Sanib Bani Age/Sex 72 yrs / F Date 14/6/24

as purg skin dermatitis c
seeⁿ disseminata

Facilities Available

Hydrafacial

Hair Transplant

Platlet Rich Plasma Therapy

Laser Hair Removal

Dermaroller

(वेहरे गड्डों का ईलाज)

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होना आदि के लिए)

to

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101 x 82

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administration

On Panel: C.G.H.S.

Prescription Valid for 7 Days

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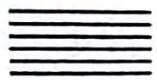
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Near Doon Hospital, Dehradun

Mobile: +91-7830 003 332 / 6396 307 454

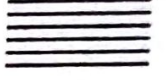
Timing : 6 pm To 8 pm

Clinic will Closed on Second & Fourth Thursday & Every Sunday



PRERNA CLINIC

CENTER FOR ARTHRITIS CARE



Dr. Kamal Bhatt

MD (Medicine)

Consultant Physician

Formerly :- Senior Resident

Clinical Immunology &

Rheumatology, SGPGIMS, Lucknow

Reg. No. : 4241 (UK)

Prerna Clinic

828/5, Indiranagar,

Dehradun

10.00 am - 2.00 pm

6.00 pm - 8.00 pm

(Except Friday Evening)

(Take One Day

Prior Appointment)

(Sunday Closed)

Mob. : 9068940584

Ph. : 0135-4149900

CMJ

54, Haridwar Road,

Dehradun

Every Friday

5.00 pm - 7.30 pm

(Take One Day

Prior Appointment)

Mob. : 9068940584

Asha Medical Store

(Near LIC Office)

Dakpatthar Road,

Vikasnagar

Third Sunday

of Every Month

10.00 am - 1.30 pm

Ph. : 9897730307

8630071735

Visit us at :

www.prernaclinic.com

Valid for 14 Days

For Appointments,

any Problem,

Drug Side Effects

Send WhatsApp

msg : 9068940584

Name :

Smita Rani

Age / Sex :

67/F

Date :

14-12-24

Valid Till :

27-12-24

HTT

Rt. - 10yr

to the extreme - } mnd.

ac / Heel / Ca.

RA @

Ab 2.75

opened in Pae / sleep
well met, #PIP
knee

RA 11/9/75

Asbestos - > 1.5yr
- evaluated -

CLD
- Directu

Hs 12.5

RA 867

CB @

CP @

APP @

Hs 50 @

BCU and

Hs 50 @

PREDNIS &
(Metylfred)

(Metylfred)

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HIT / 2500

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- 9.5 full well

① HTBR

① spleen.

BP 127/95

we 576

fun 5 as ->

Heel 5 zw HT ->

(Metylfred)

Cultu 1.5w HT ->

HT 13.1.

① @

ES 205

Ac 5.0

RA 11/9/75

RA 11/9/75

RA 11/9/75

RA 11/9/75

Etam 6R 4w SW
(66) sleep
14-12-24

x 3 wk

7-1-25

Just Pan
Sn. med. nap
hip, knee

① Eye exam T Perseus
+ (A on hydroxychloroquine)

Dyslipidemia

Arterial Refracts

② BMD-DXA scan
- spine / femur

AMT 1:160

Anti-HBc ①

HbV-DNA ①

544-3320

07-01-25

135/96

59Kg.

Gastro Opion

Antacids

G And

hepatomegaly

Dyslipidemia

liver enzymes

ascites

Partial gastro pty

muscle w/ pty
of

UGF - NO varices

Practiced gastroscopy

Keep comm.

CBC

WBC

creatinine

Hes 200

Connecti

MONAR &

culture D SW

ferns S

A 20MAN

Star are 400

38

alt ldy

muscle

HT

25 as

sur

deep

x - 1 wk



SYNERGY

INSTITUTE OF MEDICAL SCIENCES

(A Unit of Padmanabh Health Care (P) Ltd.)

WORLD-CLASS HEALTHCARE FOR EVERYONE

सर्वे सन्तु निरामयाः

The **FIRST** Hospital in Uttarakhand & Adjoining Region to have both most prestigious **NABH** & **NABL** Quality Accreditations of the country



BEST multi-superspeciality hospital in **QUALITY** Patient Care

Patient's Name: Mrs. Savita Rani

Refd By : Dr. Arvind K Singh DM

UHID: 2823/23

Age: 72 Yrs/F

Date: 18/03/23

ULTRASOUND ABDOMEN & PELVIS

Sonological evaluation of abdomen & pelvis has been done using curvilinear probe.

There is evidence of mild, anechoic fluid seen within pelvis and around bowel loops. No evidence of septations or echogenic floaters is seen. No obvious loculation is seen.

LIVER

measures 13.7 cm. in span and exhibits coarsened echotexture with speckled appearance. The liver shows irregular contour and prominent hepatic fissure. There is relative caudate and left lobe hypertrophy. Portal vein is dilated.

GALL BLADDER

is distended and appears normal in size
It shows mildly thickened hypoechoic wall with lamellar appearance measuring 6.8 mm in thickness.
No biliary sludge, calculus or any mass lesion is seen.
There is no focal tenderness or pericholecystic fluid.
CBD is normal in course and caliber.

KIDNEYS

Both kidneys are normal in position, size, contour and parenchymal echotexture. Cortico medullary ratio is normal bilaterally.
Right Kidney measures 9.4 x 4.0 cms.
Left kidney measures 9.3 x 4.8 cms.
Pelvicalyceal system is not dilated.
No calculus or mass lesion is seen on either side.
Ureters are not dilated on either side.

SPLEEN

is normal in size (9.1 cm), shape and parenchymal echotexture. No focal or diffuse parenchymal lesion is seen. No calcification is seen. Splenic vein is normal in calibre.

RELEVANT MEASUREMENTS

Portal vein	13.4 mm at confluence. 11.7 mm at hilum .
Splenic vein	8.5 mm at hilum.
Superior mesenteric vein	10.5 mm just proximal to confluence.

PANCREAS

is normal in size, shape, contour and parenchymal echotexture.
No focal or diffuse enlargement is seen. No solid or cystic mass is seen within it.
Pancreatic duct is not dilated.

RETROPERITONEUM Aorta, inferior vena cava and para-aortic regions are normal.

Ballupur - Canal Road, Dehradun - 248 001, Uttarakhand

Helpline: 0135 - 222 6000

Appointment: 0135 - 222 6100

Emergency: 0135 - 222 6111

Ambulance: 0135 - 222 6222

Visit us at: www.synergyhealthcare.in



OUT-PATIENT RECORD

BEST multi-superspeciality hospital in QUALITY Patient Care

Pt. Name: Mrs Savita Rani Age: 72 Sex: f Date: 04/03/23 UHID: 2823/23
Pulse: 82/min, BP: 124/78 mmHg, Temp: 96.1 °F, Resp: 18/min, Weight: 61.5 Kg, Height: cm
Allergy: Nutritional Assessment Required: Yes ☐ No ☐ Other:

CLINIC NOTES:

TREATMENT:
(KINDLY WRITE IN CAPITAL LETTERS)

Consultant Details

Arvind Kumar Singh
MD, DM (Gastroenterology)
Senior Consultant & Head
Dept. of Gastroenterology
Regt No (UK.M.C.): 6040
Synergy Institute of Medical Sciences

Chronic liver disease

? ALI
? DIC (CAM)
Induced



ANA = 1:160

Anti HBe (+)

I-ANCA = (+)

Low salt + High protein diet.

Tab. Lactulose (20/50)
1 1/2 - 2

PROVISIONAL DIAGNOSIS:

ALI score = 18

Tab. Ursocol 450 1-0-1

Tab. NUSAM 400 1-1-1

INVESTIGATIONS:

Liver Biopsy.

NEXT FOLLOW-UP VISIT x 7 days

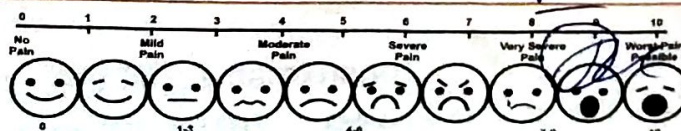
HBV DNA quantitation.

creatinine

Na + K + PT/INR

CBC

PAIN SCORE:





OUT - PATIENT RECORD

BEST multi-superspecialty hospital in QUALITY Patient Care

Pt. Name Mrs. Savita Rani Age 72 Sex f Date 18/03/23 UHID 2823/23
Pulse: 86/min, BP: 130/84 Hg, Temp: 98.6 °F, Resp: 18/min, Weight 60.2 Kg, Height: _____ cm
Allergy: _____ Nutritional Assessment Required: Yes ☐ No ☐ Other: _____

CLINICAL NOTES:

TREATMENT:

Consultant Details

Dr. Arvind Kumar Singh
MD, DM (Gastroenterology)
Senior Consultant & Head
Dept. of Gastroenterology
Regi No (UK.M.C.): 6040
Synergy Institute of Medical Sciences

Cirrhosis Liver (Decompensation) ? AIN

? DILI (AM)

It has
Refused
Liver Biopsy.

PROVISIONAL DIAGNOSIS:

INVESTIGATIONS:

USG abdomen
for ascites

low salt diet
high protein diet

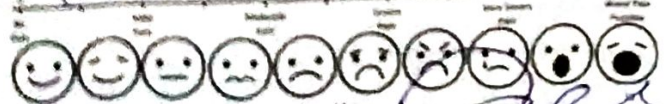
Tab. LASILACTONE (2010)
1-0-0

Tab. URSOCOL
uro 1-0-1

Tab. NUSAMUW
1-0-1

Tab. ZINCONIT
0-1-0

PAIN SCORE:



ASTRO LIVER & ENDOSCOPY CARE CLINIC



Name : MRS.SAVITA RANI (72y, Female)
Phone : 7895191579
ID : 17131
Address : DEHRADUN

M SUPER SPECIALITY CARE
SBHC
SWASTHYA
BEYOND HEALTHCARE

Date : 08-Apr-2023
#Visit : 0

Doctor: Dr. Pankaj Dixit

BP- 138/88 mmHg
PR- 97 /min
Wt- 59kg

Chronic liver disease
decompensated
Ascites.

Adh

Tah ADYOM 40 mg on m/f
Tah CIPMID 5 mg on
Tah Kanitstone (20/50) 1 gm 4mm
Tah URSOBAC 300 mg on
Tah ADINO-AUS 1 gm
Tah RIFAXIGRESS 550 1 on

X 20 days

DR PANKAJ DIXIT

MD, DM

Gastroenterologist, Hepatologist & Therapeutic Endoscopist
Powered by HealthPlix EMP www.healthplix.com

Swasthya Beyond Healthcare LLP
19 New Road, KSMR Plaza, Opp. Uttarakhand Gramin Bank,
Dehradun. 248001 Email: Swasthyacare.india@gmail.com

ask numbers:
2360902, 8794



**GASTROLIFE
HOSPITAL**

SWASTHYA CLINIC

Dr Pankaj Dixit

MD, DM (Gastroenterology)

GASTROENTEROLOGY

Name : MRS.SAVITA RANI (72y, Female)

Phone : 7895191579

ID : 17131

Address : DEHRADUN

Date : 09-Jan-2024

#Visit : 0

WT-57/Kg
BP-143/80/mmHg
PR-80/min

Chronic liver disease

Adv

KFT

Tak ESOAGRESS 40 mg on mof ○
Tak CIMIDO 5 mg TBS ○
Tak ayfor Plun 5 1 am 4pm
Tak Febuzes 40 mg on - ○
Tak RIFAXIGRESS 400 mg on - ○

x 20 days

Address:
19 New Road, Dehradun 248001
(Near Dwarka Store)

Powered by HealthPlix EMR. www.healthplix.com

Contact:
8266 0556 09
8791 0556 09



**GASTROLIFE
HOSPITAL**

SWASTHYA CLINIC

Dr Pankaj Dixit
MD, DM (Gastroenterology)

GASTROENTEROLOGY

Time: MRS. SAVITA RANI (73y, Female)
Phone: 7895191579
17131
Address: DEHRADUN

Date : 09-Dec-2024
#Visit : 0

WT - 58 kg.
BP - 150/90 mmHg.
PR - 80/min.

Tab Zosyn - 0 200 mg mm x 5 day
Tab Rhinokant - F 1 H 1

Cap Nexpro 17 100 mmf
Tab Cipmido 5 mg mm
Tab elyhr phr 5 100 -

Comprehensive
hard Panel

X 20 days

St. ilium

dr kamal Bhatt

for RA

Prema clinic

9068940584

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Valid for 7 days only

Address:
28 New Road, Dehradun 248001
(near Dwarka Store)

Contact:
8268 0556 09
8791 0556 09

18

Dr. Pankaj Dixit

GASTROENTEROLOGY

MD, DM (Gastroenterology)

Name : MRS.SAVITA RANI (73y, Female)

Phone : 7895191579

ID : 17131

Address : DEHRADUN

Date : 05-Feb-2025

#Visit : 0

B.P: 148/83
mmHg

Wt: 60
Kg

C/o Pankaj Dixit

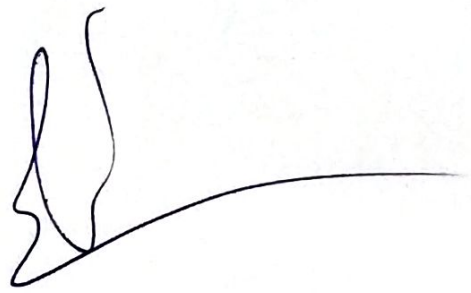
Adv

Left
Right

Cap Nephros 171 on mm f
Tan CIPMIDO 5m TBS
Tan RIFAXIMIN 4m mm
Tan BENIZEP SR 200 1 on

7 10 days





Valid for 7 days only

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PESHCO-2024-10019
October 15, 2024-October 14, 2026

Address:

Gastrolife
(A Unit of Swasthya Beyond Health Care LLP)
10, New Road, Dehradun, 248001
(Near Dwarka Store)

Contact:

8266 0556 09

8791 0556 09

Dr. Pankaj Dixit

MD, DM (Gastroenterology)

GASTROENTEROLOGY

Name : MRS.SAVITA RANI (73y, Female)

Phone : 7895191579

ID : 17131

Address : DEHRADUN

Date : 08-Mar-2025

#Visit : 0

Doctor: Dr. Pankaj Dixit

P: 153/85

R: 72

ft: 61

Cap Naproxen 1 on m/f

Tak LIAMIDO 500 mg on -

Tak aspirin 5 1 Alternate day.

Tak Febuxar 40 mg on -

x 1 month

447

757

Tak VERTIN 8 mg 20

44 mg

44

Valid for 7 days only

Address:

Gastrolife

(A unit of Swasthya Beyond Health Care LLP)

18, New Road, Dehradun. 248001

(Near Dwarka Store)

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PESHCO-2024-10019

October 15, 2024-October 14, 2026

Contact:

8266 0556 09

8791 0558 09